

Wellbeing Leadership Group Meeting
Friday 24th November 2023

Attendees

Alice Crowsley (Supply Chain Sustainability School), **Lyndsey Morrison** (Supply Chain Sustainability School), **Louise Watmough** (Amey), **Beck Dorrington** (Danny Sullivan), **Jeff Joseph** (Bouygues), **Rosalind Barrows** (Kier), **Sophie Campbell** (Helix), **Georgia Petch** (Danny Sullivan), **Hannah Simpson** (Venesky Brown), **Yvanna Godwin** (Sir Robert McAlpine), **Rebecca Glendinning** (Clancy Group), **Megan Taylor** (Skanska), **Tracey Middleton-Lee** (Heidelberg Materials), **Lilly Richardson** (Skanska), **Frank McCaffrey** (MGF), **Jason Kennedy** (Gallagher Group), **Rachel Birtles** (Lighthouse Club), **Claire Firbank** (Tilbury Douglas), **Matthew Hartill** (Lyndon SGB), **Rafiul Islam** (Mitsubishi Electric), **Antony Harris** (City Holdings), **Jenny Hagan** (HSE), **Sarah Lefley**(Mitsubishi Electric), **Jason Kennedy** (Gallagher Group), **Fiona Dowling** (VCG Group), **Zelaenia Zuberi** (Lighthouse Club), **Claire Scrimgeour** (Multiplex), **Suki Dhillon-Basra** (Danny Sullivan), **Katherine Robinson** (Galliford Try), **Paul Mulligan** (Keir), **Graham Edgell** (Morgan Sindall), **Jonathan Parker** (Wolffkran), **David Landles** (Balfour Beatty), **Natalie McDermott** (Sparta Systems), **Emily Castle** (Costain), **Helen Spafford** (Denbighshire), **Ben Keegan**(VCG Group), **Karla Clarke** (Speedy Services), **Maisie Collins** (Hill), **Eileen Donnelly** (Ripple and Co).

Introduction and Welcome

Lyndsey welcomed the group and gave a brief overview of herself and the group. She then introduced the new Chair, Louise Watmough, who welcomed the group.

Impact Survey

We then looked at the overview of the School's impact survey, pulling out relevant statistics for wellbeing. Lyndsey refreshed the group on the overall objectives and the objectives for the group.

Lyndsey gave an overview of the Wellbeing Leadership Group's focus for the year- working collaboratively, Community Wellbeing, the School's Wellbeing Training Programme, and refreshing what topics we offer.

We looked at the top 10 resources access that were tagged as wellbeing. Desire for more videos and talking heads from the Impact Survey, we looked over the popularity of Wellbeing resources and events.

We then looked at the ratings of Activities that the school delivers and what they think are good as well as what they would like to see more of. There was a difference between what partners would like more of and what members would like more of.

Business Planning

The group broke into the below Groups to look at several questions:

Group 1:

- Beck Dorrington
- Claire Firbank
- Antony Harris
- Suki Dhillon-Basra
- Natalie McDermott

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- Ben Keegan
- Eileen Donnelly

Group 2:

- Frank McCaffrey
- Fiona Dowling
- Zelaenia Zuberi
- Claire Scrimgeour
- Jonathan Parker

Group 3:

- Jeff Joseph
- Rebecca Glendinning
- Megan Taylor
- Rafiul Islam
- Jenny Hagan
- Helen Spafford

Group 4:

- Sophie Campbell
- Tracey Middleton-Lee
- Rachel Birtles
- Paul Mulligan
- David Landles
- Karla Clarke

The key responses were:

- While feeding back there were many overlaps in the styles of training for the groups, including talking head videos and quizzes.
- The group also looked at the challenges of addressing wellbeing of the supply chain who companies are not able to directly assist, language barriers, culture and time as a priority. We looked at the difficulties of addressing the culture of wellbeing in the industry- collaboration with University and Mates in Mind- continuing the collaboration for culture change.
- Signposting- Lighthouse Charity- talking heads videos, other support- how can we enhance our offer by collaboration and signposting.
- Challenges included:
 - Communication
 - Time and staff retention in the sector
 - How to reach out to operational staff and drivers as this is very isolated work.
 - Differences between countries (in the UK and further afield) and their policies.
 - Technology- demographic of workforce is changing not as techy
 - Leadership- how to get buy in from leadership team and get everyone on the same page

Full responses to all the questions can be found on the Mural Board.