

Attendees:

Lyndsey Morrison, **Supply Chain Sustainability School**, Alice Crowsley, **Supply Chain Sustainability School**, Emma-Jane Allen, **Supply Chain Sustainability School**, Ann-Marie Coulthurst, **Murphy Group**, Aimee Skelly, **Egis Group**, Lynn Cooper, **Cavendish Nuclear**, Tracey Middleton-Lee, **Heidelberg Materials**, Jonathan Parker, **Wolffkran**, Natalie McDermott, **Sparta Systems**, Karen Kendall, **Higgins Group**, Angela Batt, **Wessex Arch**, Claire Scrimgeour, **Multiplex**, Recheal Valderama, **Mates in Mind**, Jenny Mullett, **Metro Alliance**, Catherine Tanner, **Canary Wharf**, Ruth Powell, **Binnies**, Asha Boyce, **Costain**, Trevor Steven, **Mindflow**, Fiona Dowling, **VGC Group**, Valerie O'Donnell, **Careys**

[Please note these meeting notes are to be read in conjunction with the agenda and final slide deck as circulated to all.](#)

Key Takeaways

- Emma-Jane Allen presented the Built Environment Against Slavery group's initiatives and resources.
- Trevor Steven introduced Mind Flow, a charity using football to address mental health in construction.
- Rachel Valderama from Mates in Mind discussed their mental health support and prevention strategies.
- The Built Environment Against Slavery group focuses on modern slavery due diligence and collaboration.
- Mind Flow aims to integrate mental health support into construction sites using football as a medium.
- Mates in Mind emphasizes prevention and provides resources for mental health in the workplace.
- Modern slavery is a significant issue with an estimated 122,000 victims in the UK.
- Mind Flow's charter offers a graded approach to implementing mental health support in businesses.
- Mates in Mind works with businesses to assess and improve mental health strategies.
- Collaboration with smaller construction firms is crucial for extending mental health support.
- Trust Matters virtual conference in June received fantastic feedback with 340 attendees.
- Upcoming training includes a session on AI and inclusion and a webinar on measuring wellbeing initiatives.
- New wellbeing calendar launched, aligning training with awareness days like World Suicide Prevention Day.
- Discussion on creating an SME pack for wellbeing investment case, focusing on resource accessibility.
- Feedback emphasized the importance of cost-effective solutions for SMEs in implementing wellbeing strategies.
- Participants suggested including case studies and resources in the SME pack for practical guidance.
- Language barriers were identified as a challenge, with AI being considered for translations.
- Participants expressed interest in a closed LinkedIn group for sharing resources and best practices.

- Action items include translating wellbeing shorts into other languages and creating a LinkedIn group.

Detailed summary

1. Welcome and School Update

- Lyndsey welcomed the group to the Leadership group meeting. All attendees introduced themselves and gave context of their work in Wellbeing. Lyndsey then gave a short update of the school's progress against targets (in the slide deck).

2. Built Environment Against Slavery initiatives

- Emma-Jane Allen leads the Built Environment Against Slavery group.
- The group focuses on modern slavery due diligence and collaboration.
- An estimated 122,000 victims of slavery are in the UK.
- The group has developed a modern slavery due diligence capability assessment.
- Resources include an operational toolkit and procurement guidance.
- Webinars are scheduled to launch the new assessment tool.
- The group collaborates with other anti-slavery organizations and government bodies.
- Modern slavery risks are prevalent in construction supply chains.

3. Mind Flow introduction

- Trevor Steven introduced Mind Flow, a charity focused on mental health in construction.
- Mind Flow uses football to engage construction workers in mental health discussions.
- The charity aims to integrate mental health support into construction sites.
- Mind Flow's charter provides a roadmap for businesses to implement mental health support.
- Football sessions on construction sites help initiate mental health conversations.
- The charity plans to expand its reach to other regions in the UK.
- Mind Flow collaborates with local councils to embed mental health support in procurement.

4. Mates in Mind update

- Rachel Valderama discussed Mates in Mind's mental health support strategies.
- The charity focuses on prevention and provides resources for mental health in the workplace.
- Mates in Mind works with businesses to assess and improve mental health strategies.
- The organization emphasizes the importance of leadership in mental health initiatives.
- Mates in Mind offers monthly peer support webinars for mental health champions.
- The charity collaborates with local councils to prioritize mental health in procurement.
- Mates in Mind provides consultancy support for businesses facing mental health challenges.

5. Review of past initiatives

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- Delivered Trust Matters virtual conference in June with 340 attendees.
- Received positive feedback from speakers and participants.
- Training program has been active with various sessions delivered.

6. Upcoming training and webinars

- Session on AI and inclusion scheduled for this afternoon.
- Webinar on measuring wellbeing initiatives planned for September 30th.
- Encouragement to register and promote upcoming webinars to supply chains.

7. Wellbeing calendar and resources

- New wellbeing calendar launched, highlighting awareness days and resources.
- Calendar includes events like World Suicide Prevention Day and National Inclusion Week.
- Participants encouraged to provide feedback and suggest additional resources.

8. SME pack for wellbeing investment

- Discussion on creating a downloadable SME pack for wellbeing investment case.
- Pack to include business case, resources, and guidance for SMEs.
- Feedback emphasized the need for cost-effective solutions and practical guidance.

9. Feedback from breakout groups

- Group 3 highlighted the need for centralized resources and signposting.
- Group 2 discussed cost barriers for SMEs and the importance of informal conversations.
- Group 1 suggested separating topics into areas and sharing internal resources.

Language barriers and translations

- Language barriers identified as a challenge, particularly in the Southeast.
- AI considered for translating resources into different languages.
- Participants suggested translating wellbeing shorts into other languages.

Collaboration and resource sharing

- Interest expressed in creating a closed LinkedIn group for resource sharing.
- Group to facilitate sharing of best practices and resources among participants.
- Participants encouraged to share internal webinars and resources with the group.

Actions

- **Share links to Built Environment Against Slavery webinars with participants.**
Lyndsey Morrison
- **Translate wellbeing shorts into other languages using AI.**
Lyndsey Morrison

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